

**OBSERVANCE OF 74th ESIC FOUNDATION DAY AND SPECIAL SERVICES
FORTNIGHT AT ESICMH RAMDARBAR CHANDIGARH AND IN INDUSTRIAL
CLUSTER DATED 24.02.2025**

A Basic life support education camp was organized at ESICMH Chandigarh and in Industrial cluster under the leadership of Dr. Leena Chawla, Dr. Deepika and Dr. Harpreet Kaur. The demonstration was given on how to support the patient's circulation and respiration through the use of cardiopulmonary resuscitation(CPR) until advanced life support arrives.

A health talk was organized at ESICMH Chandigarh in the presence of Dr. Anita, Dr. Snirudh and Dr. Jasmine for early diagnosis of lifestyle disorders related to hypertension, diabetes, thyroid disorders, asthma, tuberculosis and occupational related health hazards. A small health talk was given to adopt measures for maintaining healthy lifestyle, to include healthy diet, yoga and regular exercise in daily routine to prevent diseases related to sedentary lifestyle.

A Public health awareness camp was organized at ESICMH Chandigarh by the doctors and staff wherein the information regarding benefits of ESIC scheme was promoted by the staff of the hospital. The programme also made the masses aware of different health issues and how to redress them well on time.

A camp was organized at Bhushan Industries, Chandigarh under the leadership of Dr. Devender Pal Singh Bagga, Dr. Bharat along with Nursing officer, Nursing orderly and a laboratory technician. A detailed health check-up was conducted and basic investigations were advised at the camp.

Photographs are attached for reference




